

# Antara Spa, Cyprus

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**Located on the southwest shore of Cyprus, the new Antara Destination Spa & Resort is the world's first spa palace. With charming cobblestone trails, babbling fountains and vibrant flowerbeds, this is the ultimate transformative retreat for spirit, body and soul.**

**Accommodation:** From Asian inspired Buddha suites to the opulent and golden Pearl suites; each room has been uniquely designed and elegantly furnished with floor-to-ceiling windows and a private terrace that overlooks the Mediterranean. All six suites also boast luxury amenities including a plasma television, iPad and complimentary mini bar. Those who are looking for complete privacy may prefer hiring the Presidential suite, which offers panoramic views (the perfect place to take in the most breath-taking sunrises and sunsets), ornate dining room as well as a private pool. Alternatively, the entire villa can be booked by one party for the ultimate palace bliss.

**Spa:** Upon arrival each guest will receive a bespoke itinerary under the categories of stress management, digestive health, women's health and relaxation (a form can be completed online prior to your stay). Many treatments use Amala products - a luxurious German-made organic skincare brand - and the Rejuvenating Antioxidant facial is essential for those wanting to banish the signs of dry winter skin. Using only the finest cocoa beans from the Huallaga region of Peru, this treatment rebuilds the skin's natural moisture barrier, protecting it from dehydration and moisture loss. Guests also have unlimited and complimentary access to daily activities including yoga at the beachfront, fitness, meditation and cooking classes.



**Eating and Drinking:** Choose from two dining options at Antara – the lavish Ambrosia Gourmet restaurant for delicious a la carte dishes or Pomona Terrace for alfresco dining. Both restaurants offer a fantastic menu by Michelin-trained chef Polis Papageorgiou; so whether you choose a purifying pumpkin gratin from the Detox menu, a boosting post-workout chicken breast with Beluga lentils, spinach and shitake mushrooms or the more hearty roast venison, there's something for everyone.

**Activity:** With 330 days of sunshine, it would be a shame not to spend an afternoon on the private yacht and take in the spectacular views of the Blue Lagoon. Before dining on fresh seafood for lunch, we recommend you take a refreshing dip in the clear, shimmering clear sea. Even in October the water was pleasant enough to enjoy a snorkelling session! For those looking for a relaxing evening, head to the private 3D cinema to watch the latest blockbuster while indulging on homemade chocolate truffles and Parmesan and truffle-oil popcorn.

*Antara Destination Spa & Resort, Spirou Kipriakou Street 33, Polis Chrysochous, 8820, Paphos, Cyprus. The Pearl and Buddha suite start from €2485 per suite, per night (based on the 3 nights/4 days Discover Antara Moments package). For more information call +35 799 736 976*

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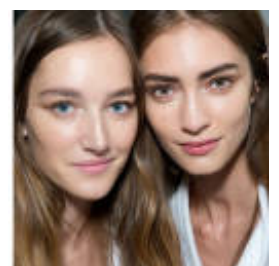
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