

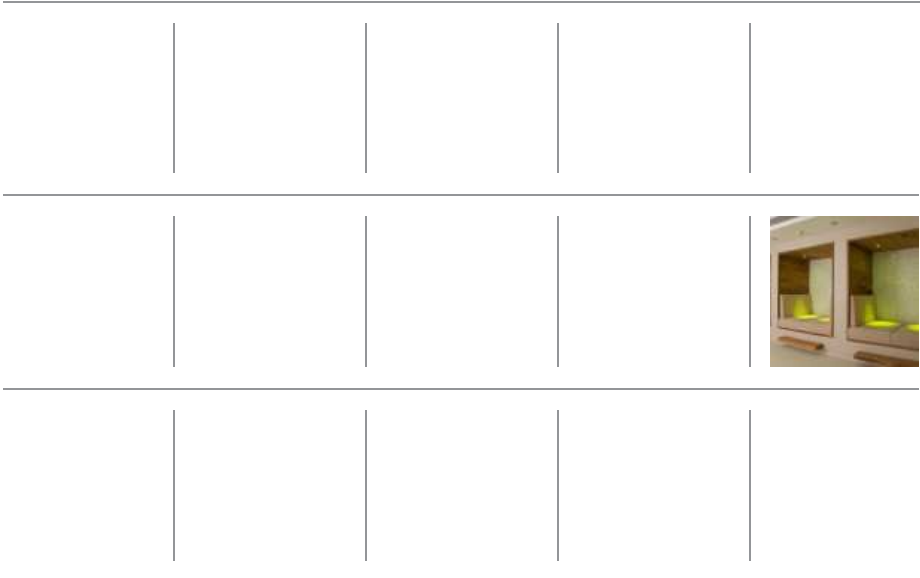


EUROPE'S BEST SPA BREAKS

Up, away and Zen

With an autumn chill setting in, the evening commute seems longer than ever. If like us, you're in need of some serious pampering, help is at hand - and it's just across the Channel. Europe is home to some of the world's most luxurious and sophisticated spas; places of sanctuary with beautiful architecture, outstanding views and innovative treatments such as an Amazonian Guava Berry Spa Pedicure. Sound tempting? We've rounded up 20 of Europe's leading spas, from castle retreats to alpine havens. While away the winter blues by clicking on an image, below, to launch the gallery:

Show Gallery



MARGOT NEEDS YOU

She has a very rare form of Leukaemia and needs a donor urgently. If you are aged 17-55, you could help. To find out if you are a match, please: Register. Swab. Save a life.

Visit www.deletebloodcancer.org.uk

STYLIST'S

50 GREATEST TRAVEL APPS

Slick tools to ease your journey



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Britain's best spa breaks

Imagine spending your hen-do in a hot tub, drinking champagne, with a day of treatments awaiting you.

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The world's greatest train journeys

We've rounded up the world's greatest train trips, including a chocolate-themed journey through the Swiss Alps and...

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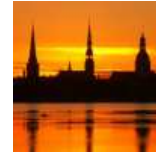
I want that room

It's cold, it's rainy and we want to jump on a flight and check in to the Jade Mountain resort in St Lucia....

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Your Vote Counts



Which top destination of 2014 is on your wish list?

- *Riga, Latvia - Europe's 2014 Capital of Culture*
- *Yorkshire - the start of Tour de France 2014*
- *Austin, Texas - direct BA flights launch in March*
- *Panama - 100th anniversary of its canal*

